

# POLAR PLUNGE INSTRUCTIONS

Welcome to your first Polar Plunge! We are so excited that you are willing to help carry LJCC's mission forward through raising donations for our Camper Scholarship Fund! Here are a couple details to help you get started.

- The donations you raise will go towards our Bridge the Gap Fund. This fund is what enables us to keep camp affordable for all campers! Bridge the Gap Fund quite literally bridges the gap of what it actually costs to run a camp session versus what we charge per session. There is a gap between those two numbers. We want to reach as many children as possible to educate them on Jesus and inspire them to become believers. You are helping us fulfill that mission!
- When you sign up for the Polar Plunge, in the weeks leading up to your plunge you will be tasked with finding people to sponsor you. This sponsorship means that the people you find to sponsor your plunge will pledge \$X amount to give to LJCC's Scholarship fund. You will find on our website a "Pledge Spreadsheet". Print this document off, bring it to your work/school/church and find people to sponsor you. Your sponsors can pledge to donating anywhere from \$10-\$1,000. We want this fundraiser to be accessible to anyone so any amount of donation is greatly appreciated! To get sponsors explain what camp means to you and the impact this fundraiser will have on future campers. Remind them that the donations for this fundraiser go to the Treesh Memorial Scholarship Fund!
- On the Pledge Spreadsheet, there are a couple ways your sponsors can make a donation. They can make a check out to "LJCA (Memo: Polar Plunge)" or they go to the Polar Plunge Page on our website and click the "Donation" button or they can scan the QR that is on your Pledge Spreadsheet which will direct them to donate online. \*\*If your sponsor donates online, please have them fill out your sheet and mark as "Donated Online."\*\*
- Now that you understand the sponsorship side of things, you need to make sure you have the proper forms filled out prior to taking the plunge. First, register online; you need to do this before arriving on January 24th. Second, print and fill out the liability waiver; bring this to the Polar Plunge! If you show up with no waiver in hand, you will be asked to fill one out.
- Yay! You registered! Keep an eye out for emails about when check-in is on 1/24/26. You can bring family and friends to watch you take your icy plunge! After you check-in you'll wait your turn. We will have lifeguards on hand along with Matthew Love and Kevin Petermen in the water with you. You can stay in the icy waters for as long (or as short) as you want. Your sponsors pledges just require you to take a dip! There is no requirements on how long that dip is. (:
- Once all of our "Plungers" have plunged we will eat lunch at 11:45. After lunch we will have a small rewards ceremony acknowledging those who raised the most donations, etc.
- After awards have been passed out, you are free to go!

## ITEMS TO BRING WITH YOU:

These items are optional but recommended!

- Towel (you will have access to a shower afterwards)
- Warm blanket for after your plunge
- Change of **dry and warm** clothes

