

Lake James Christian Camp & Retreat Center

Summer Camp Rules & Regulations

1. Faculty, campers and visitors must remember that this is a CHRISTIAN camp!
2. All campers are under adult supervision at all times.
3. **No one**, faculty or camper, is permitted to leave the campgrounds without permission of the Dean.
4. The use or solicitation of tobacco, alcoholic beverages or illegal drugs is prohibited on camp property. All visitors are requested to refrain from their use.
5. **All visitors must check in at the camp office upon arrival at the camp.** Anyone who plans to visit the camp on his own and is 18 years old or younger is required to call the camp office ahead of time for permission. Anyone 18 years old or younger who is accompanied by a **parent** or **guardian** needs no prior permission, but still needs to report to the camp office on arrival.
6. Automobiles are subject to strict regulations. Senior High campers **are not allowed** to drive and keep cars on the camp grounds during a week of camp. (If it is **necessary** that a Senior High camper **must** drive, their parents or guardian must fill out a release form prior to coming to camp. Keys must be turned in at the office upon arrival.)
7. Musical instruments brought must be used according to the discretion of the Dean. Do not bring Heely's (shoes with rollers), radios, clock radios, CD's & CD players, TV's, MP3 players, iPods, magazines, cell phones, computers, personal gaming devices, firearms or knives. Items not permitted at camp will be collected and held in the office to be picked up at check-out. **The Christian camp experience is a blend of indoor and outdoor activities. To enjoy this experience completely, the camper needs to spend a week away from "the world". This includes not bringing cell phones to camp. We ask parents to honor this request and make sure your camper does not bring a cell phone to camp. Cell phones, chargers and items that are mentioned above are subject to confiscation.**
8. **Every camper & faculty member must follow the camp schedule!!!** There can be no absence from classes except in cases of sickness and then only by advice of the camp nurse.
9. All campers and faculty are **required** to turn in all medication - counter or prescription - to the Camp Nurse on the opening day of camp. If medication needs to be with the camper (ex. Inhaler), a Doctor's slip must be given to the Camp Nurse on arrival. Medicine must be turned in to the nurse in its original container and with the camper's name on the container. Special medicine instructions must be reported to the Camp Nurse. We advise leaving non-doctor prescribed dietary supplements at home. Sickness and injuries will be reported to the Camp Nurse immediately. Dietary restrictions must be doctor prescribed and reported by the parents to the food service manager either before coming to camp or at check-in.
10. Campers will swim only during the regularly scheduled swimming periods! (No swimming after dark-no exceptions!!) No camper is permitted in the beach area except during scheduled activities! Unacceptable swimsuit attire are as follows: Men & boys - no racer style trunks. Women & girls - no two-piece bathing suits (tankini's are OK), no plunging neckline swimsuits. Shoes and a covering must be worn by everyone while going to and from the beach.
11. In matter of dress, Christian judgement must prevail at all times!
 - a. No halter tops, tube tops, spaghetti straps, strapless attire, bare midriff, mini-skirts or spandex shorts at any time. Tank top straps must have straps greater than 2" in width. The judgement of the Dean will prevail.
 - b. Clothing must completely cover all undergarments. Inappropriate advertisements are not permitted and **written expressions across the backside of shorts or pants is not permitted.**
 - c. Gym shorts and cut-offs are to be worn only during recreation.
 - d. No one is to go barefoot on the camp grounds at any time!!!
 - e. The Executive Director has final authority.
12. The Camp Dean or Executive Director reserves the right to reprimand or dismiss any camper or faculty member who does not conform to these rules and regulations.
13. Parents are requested to pick up their camper promptly at announced closing times. If this cannot be done, the Dean or Executive Director must be notified and arrangements will be made to care for the camper.
14. Use of telephone is not permitted by a camper except with permission of the dean. The office will not accept calls from home for a camper unless there is an emergency.
15. If the camper is unable to attend camp, all but \$20.00 of the fee that has been paid will be refunded. Refunds must be requested prior to the beginning of the camp session. Once the camp session has begun, refunds will NOT be made for sickness, homesickness, disruptive behavior or "No Show". All refunds will be refunded through the mail as a check.

"Rules for acceptance and participation in the program are the same for everyone without regard to race, sex, color, age, handicap, religion or national origin. Any person who believes he or she has been discriminated against in any USDA-related activity should write: Secretary of Agriculture, Washington, D.C. 20250."